The Nutrition Landscape: Perspectives on the Global & the Local
A Reynolds & VCU Humphrey Fellows Partnership Conference

Thursday, March 10, 2016 | 10 a.m. to 2 p.m.
Workforce Development Conference Center
The Conference Center Gallery, First Floor
Reynolds Community College | Parham Road Campus

Moderated by
Dr. Natasa Tomic, 2016 VCU Humphrey Fellow, Bosnia and Herzegovina

Traditional Cuisines and their Impacts on Nutritional Quality
Ms. Asia Ashraf, 2016 VCU Humphrey Fellow, Pakistan

Stress and the Diet: Overeating as a Nonfunctional Coping Strategy
Ms. Lenka Zoey Juricekova, 2016 VCU Humphrey Fellow, Slovak Republic

The Obsession with Weight and its Impacts on Nutrition
Dr. Mariana Azcarraga Quizza, 2016 VCU Humphrey Fellow, Mexico

Food and its Relationship with Social Determinants of Health
Dr. Jessica Beltran, 2016 VCU Humphrey Fellow, Peru

The Social and Political Determinants of Breastfeeding
Dr. Ilker Kayi, 2016 VCU Humphrey Fellow, Turkey

Nutrition and the Gay Community
Mr. Anthony Philip Coetzer-Liversage, 2016 VCU Humphrey Fellow, South Africa

Keynote Address
Nutrition in the USA: Where We Are Now and Where We Need To Be
Ms. Mary-Jo Sawyer, Registered Dietitian, VCU Medical Center

Fitness and Fuel Intel: Fueling the Body Properly for Active Individuals
Mr. Stephen Sowulewski, Associate Professor and Program Head of Health, Reynolds Community College

The Hidden Rules of Nutrition and its Environment
Ms. Shalini Upadhyaya, Associate Professor of Biology, Reynolds Community College